

Juvenile Indoor Championships – Nenagh Timetable Saturday 24th March 2012

The committee reserve the right to alter timetable, the starting time of events may be brought forward up to 45 minutes from the proposed Timetable.

Check in opens 9.00 a.m.

Check in closes 9.30 a.m

10.00 a.m

Girls & Boys	12	60m	Heats
Girls & Boys	13	60m	Heats
Girls & Boys	14	60m	Heats
Girls & Boys	15	60m	Heats
Girls & Boys	16	60m	Heats
Girls & Boys	17	60m	Heats
Girls & Boys	18	60m	Heats
Girls & Boys	19	60m	Heats

Long Jump

10.30 a.m.	Girls & Boys	12
12.00 a.m	Girls & Boys	13
1.00 p.m..	Girls & Boys	14

Triple Jump

14.00pm	Girls & Boys	18,19
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Shot Putt

10.00 a.m	Girls	18
	Boys	18
	Girls	15
	Boys	15
	Girls	12
	Boys	12

Check in closes 11.30 a.m

12.30 p.m.

Girls & Boys	12	600m	Heats
Girls & Boys	13	600m	Heats

FINALS 60M SPRINTS REVERSE ORDER

Check in closes 1.00 p.m

2.30 p.m

Girls	18	300m	Heats
Boys	18	400m	Heats
Girls & Boys	19	400m	Heats

High Jump

12.00 a.m.	Girls & Boys	16
	Girls & Boys	12
	Girls & Boys	13

Check in closes 1.30pm

3.00 p.m

Girls & Boys	16	1500m	Heats
Girls & Boys	17	1500m	Heats
Girls & Boys	18	1500m	Heats
Girls & Boys	19	1500m	Heats

FINALS 300M 400M

Juvenile Indoor Championships –Nenagh Timetable Sunday 25th March 2012

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Check in opens 9.30 a.m. 600m & Hurdles

10.30 a.m.

Girls & Boys 12 600m Finals
Girls & Boys 13 600m Finals

Long Jump

10.30 Girls & Boys 15
11.30 Girls & Boys 16

Check in closes 10.00 a.m

11.00 a.m

Girls	13	60m Hur	2'3"
Boys	13	60m Hur	2'3"
Girls	14	60m Hur	2'3"
Boys	14	60m Hur	2'6"
Girls	15	60m Hur	2'6"
Girls	16	60m Hur	2'6"
Boys	15	60m Hur	2'9"
Boys	16	60m Hur	2'9"
Girls	17	60m Hur	2'6"
Girls	18	60m Hur	2'6"
Girls	19	60m Hur	2'9"
Boys	17	60m Hur	3'0"
Boys	18	60m Hur	3'0"
Boys	19	60m Hur	3'3"

Shot Putt

10.30 a.m	Girls	14
	Boys	14
	Girls	13
	Boys	13
	Girls	16

FINALS HURDLES

High Jump

12.30 a. m
Girls & Boys 15
Girls & Boys 14

Check in closes 12.00 noon

2.00 p.m.

Girls & Boys 16 1500m Finals
Girls & Boys 17 1500m Finals
Girls & Boys 18 1500m Finals
Girls & Boys 19 1500m Finals

Juvenile Indoor Championships –Nenagh Timetable Saturday 31st March 2012

The committee reserve the right to alter timetable, the starting time of events may be brought forward up to 45 minutes from the proposed Timetable.

Check in opens 9.00 a.m.

Check in closes 9.30 a.m

10.30 a.m.

Girls & Boys	16	200m	Heats
Girls & Boys	17	200m	Heats
Girls & Boys	18	200m	Heats
Girls & Boys	19	200m	Heats

Long Jump 2 Pits

10.30a.m.	Girls & Boys	18
11.30 a.m	Girls & Boys	19
12.30 p.m	Girls & Boys	17

Check in closes 11.00 a.m

12.00 noon

Girls & Boys	14	800m	Heats
Girls & Boys	15	800m	Heats
Girls & Boys	16	800m	Heats
Girls & Boys	17	800m	Heats
Girls & Boys	18	800m	Heats
Girls & Boys	19	800m	Heats

High Jump (2 areas)

10.30 a.m	Girls & Boys	17
	Girls & Boys	18
	Girls & Boys	19

Check in closes 12.00 Walks

1.30p.m.

Girls & Boys	14	1000m	Finals
Girls & Boys	15	1000m	Finals
Girls & Boys	16	1500m	Finals
Girls & Boys	17	1500m	Finals
Girls & Boys	18	1500m	Finals
Girls & Boys	19	1500m	Finals

Shot Putt

10.30 a.m	Boys	19
	Boys	17
	Girls	19
	Girls	17
	Boys	16

2.45 p.m. 200m Finals

Girls & Boys	16	200m
Girls & Boys	17	200m
Girls & Boys	18	200m
Girls & Boys	19	200m

3.30 p.m. 800m Finals

Girls & Boys	14	800m
Girls & Boys	15	800m
Girls & Boys	16	800m
Girls & Boys	17	800m
Girls & Boys	18	800m
Girls & Boys	19	800m

Juvenile Indoor Championships– Nenagh Timetable Sunday 1st April 2012

Check in opens 9.00 a.m.

10.30 a.m.

Girls	13	4 x 100m	Heats
Boys	13	4 x 100m	Heats
Girls	15	4 x 200m	Heats
Boys	15	4 x 200m	Heats
Girls	17	4 x 200m	Heats
Boys	17	4 x 200m	Heats
Girls	19	4 x 200m	Heats
Boys	19	4 x 200m	Heats

FINALS OF ABOVE

Check in closes 1.00 p.m.

2.00 p.m.

Girls	12	4 x 100m	Heats
Boys	12	4 x 100m	Heats
Girls	14	4 x 200m	Heats
Boys	14	4 x 200m	Heats
Girls	16	4 x 200m	Heats
Boys	16	4 x 200m	Heats
Girls	18	4 x 200m	Heats
Boys	18	4 x 200m	Heats

FINALS OF ABOVE

PLEASE NOTE:

- All Relays will be held on the 4th day of competition.
- **No entry on the day of competition, entries through Regional/Provincial Secretary**
- Athletes may step up **ONE (1)** age group only and may compete in **TWO (2)** relays on the day
- At least 2 members of a competing relay team, participating in that event on that day must be of the correct age ,
- 17,18,19 age groups all athletes may move up one age group
- If *a* sub is present on the day and declared, medal will be presented
- **Relay teams qualify from region, 3 teams per region**
- If 4 teams or less check in a Final will be held at Heat time.
- **Team names, DOB, registration numbers must be submitted with entry**
- **DECLARATION SHEETS MUST BE FILLED IN FOR EACH INDIVIDUAL TEAM**
Spot checks may take place.