

Westport Athletics Club Code of Conduct

Westport Athletic Club exists for the enjoyment of all athletes. These are difficult times for young people with many undesirable challenges facing them – the abuse of drugs and alcohol are unfortunately all too common in today's society, preventing many young people from realising their full potential. The club realises the prevalence and magnitude of these challenges and endeavours to provide healthy sporting activities for our young people, affording them an opportunity to gainfully use their leisure time, build team spirit, travel and make new friends. We cannot do this alone. We need help and active participation of parents and guardians working alongside the coaches, club officials and athletes to achieve these objectives. The following codes of behaviour need to be given your careful consideration and your signature implies that you understand and agree to abide by the rules of Westport Athletic Club.

Code of Behaviour for Athletes

- Following a trial period of no more than 6 weeks, all athletes must be registered with the club in order to participate in club activities. Each athlete is subject to 3 months probation.
- Absenteeism from the club for a period of more than 6 weeks without communicating with the officials of the club will have their membership lapse.
- Appropriate clothing should be worn to training sessions. Runners must always be worn unless a coach requests that spikes are to be worn.
- Athletes are expected to arrive on time for training sessions.
- No athlete is permitted to leave the grounds of Westport Sports Complex during training without expressed permission from a coach or club official.
- Courtesy must be shown at all times to coaches, club officials, parents, guardians and fellow athletes including athletes from other clubs.
- Every athlete is entitled to enjoy his/her activity free of intimidation. Bullying, racism, violence, bad language and foul play will not be tolerated.
- Club officials will report all disciplinary matters to the club's disciplinary sub committee. The committee's decision on any disciplinary actions to be taken will be final.
- Alcohol, drugs and smoking are strictly forbidden.
- Athletes are responsible for their possessions. The club cannot accept responsibility for items mislaid or stolen.
- Respect must be shown for the property of the club. Athletes are reminded that their parents may be responsible for the cost of repair/replacement of club property that has been deliberately damaged by them.
- Safety rules for the proper use of equipment must be adhered to.

Regarding club activities and competition, athletes are expected to:

- Wear the official Westport AC singlet whilst representing the club.
- Give a commitment to the club to be present at the appointed time and place for such activities/competitions.
- Be modest in victory and gracious in defeat. Shake hands after an event regardless of who wins.
- To learn the rules governing their chosen event.

Please note

- Breaches to the code of behaviour may result in athletes/teams being withdrawn from training and/or competitions.
- Continuous breaches to the code of behaviour may result in athlete(s) being excluded from the club.

Code of behaviour for Parents/Guardians

Parents/Guardians are required to:

- Have all athletes present in time for training sessions.
- Arrange for the prompt collection of athletes at the end of training sessions from inside the gates of Westport Sports Complex.
- Ensure your child attends athletics because they want to, not because you want them to.
- Ensure your child understands and agrees to comply with the rules of the club and those of Athletic Ireland concerning training and competitions.
- Set a good example by acknowledging the effort and sportsmanship of other athletes.
- Not place emphasis on winning at all costs.
- Treat all other parents/guardians, athletes and officials of the club with respect.
- Respect the decisions of the coaches. They have the final decision concerning training techniques and team selections.
- Not interfere with coaches during training. You are encouraged to voice any queries/concerns/grievances you may have with the coach in question at the end of the training session. Such discussions are not to be held in the presence of any athlete.
- Contact the club's child welfare officer when they feel their child is being treated unfairly. The welfare officer is obliged to bring these concerns before the committee for discussion. The welfare officer is obliged to communicate the committee's decisions regarding the matter with the parent/guardian

We have read and will abide by the code of conduct:

Sign Name : _____ (ATHLETE)

Sign Name : _____ (PARENT/GUARDIAN)

Date : _____

Westport Athletic Club

Name:

Date of birth:

Address:

Telephone No:

Mobile No:

E-mail address:

Events interested in: Track (sprints, relays, hurdles, long distance, walks)

Field Events (jumps, throws)

Cross Country

(Underline the event(s) your child is interested in.)

Parent/Guardian:

Does athlete suffer from any medical condition, which we should know about (e.g. asthma)? Yes / No

Details:

Contact number for emergencies:

Registration fee €40.00 valid from 1st of January to 31st December. This fee includes AAI insurance cover in case of accident. New members €50. Family membership €75.

Nightly fee €2.00 collected at the gate before each training session. This fee goes towards the upkeep and insurance of the complex, outdoor lighting and the use and maintenance of the athletics equipment.

N.B. Parent/Guardian must please read and sign the back of this form and the Code of Conduct form.

CCTV is in operation at the track for security reasons only and is on 24 hours a day.

Medical consent form Westport Athletic Club

I, the parent/guardian of _____
consent to emergency medical care to be administered to, or medical
assistance being called, in the event of an accident occurring while under the
supervision of Westport Athletic Club.

Signed: _____ Contact no: _____

Name of alternate contact person if unable to contact above named
parent/guardian:

Name: _____ Contact no: _____

Photographic consent form Westport Athletic Club

I, the parent/guardian of _____ give
permission for my child's photograph to be taken and used only to represent
the sport in which they are involved and Westport Athletic Club.
CCTV is now in operation at the track for security reasons only and your
child may be caught on CCTV during training times.

Signed: _____