

Shot Putt

Girls	Distance/Time	Venue / Date	Name
U-12	7m 56 cm		Niamh Mc Loughlin
U-13	11m 02 cm		Niamh Mc Loughlin
U-14	12m 47 cm	Tullamore 11.07.09	Niamh Mc Loughlin
U-15	11m 45 cm		Nora Kenny
U-16	11m 15 cm		Nora Kenny
U-17	10m 16 cm		Niamh Hopkins
U-18	10m 35 cm		Sharon Heveran
U-19	9m 60 cm		Sharon Heveran

Boys	Distance/Time	Venue / Date	Name
U-12	8m 84 cm		Daniel Lavelle
U-13	10m 14 cm		Daniel Lavelle
U-14	12m 95 cm		Laimonas Ruibys
U-15	13m 55 cm		Laimonas Ruibys
U-16	15m 22 cm		Laimonas Ruibys
U-17	14m 66 cm		Laimonas Ruibys
U-18	14m 48 cm	Nenagh 28.03.09	Laimonas Ruibys
U-19	9m 04 cm		Dermot Flynn