

## Connacht Schools Track & Field Athletics Results 2010 Athlone IT

### Minor Girls

#### 100m

1. Olaide-Ajaji	Pres Galway	13.6
2 Fiona Doherty	St Josephs Foxford	13.8
3 Lydia English	Sligo Grammar	13.9

#### 200m

1 Stacey Kerr	Colaiste Iognaid	26.9	CBP
2 Ellen McCole	Ursuline Sligo		
3 Ailish Hynes	Athenry VS		

#### 800m

1 Maeve Brannigan	Colaiste Iognaid	2.25.4
2 Ellen McCole	Ursuline Sligo	2.34.8
3 Sarah Wood-Martin	Sligo Grammar	2.39.0

#### 1500m

1 Aoife Mulroy	St Josephs Foxford	5.07.2	CBP
2 Sarah McGeough	Sligo Grammar	5.20.9	
3 Emily Burke	Salerno	5.21.8	

#### 4x100m

1 St. Joseph's Foxford	57.6
2 Ursuline Sligo	57.9
3 Bower Athlone	58.2

#### Shot Putt

1 Emer Murphy	Gortnor Abbey	10.45m	CBP
2 Ailish Hynes	Athenry VS	7.55m	
3 Sarah Higgins	St Louis Kiltimagh	7.21m	

#### High Jump

1 Aoife Murray	Ballyhaunis CS	1.25m
2 Niamh Murray	Ballyhaunis CS	1.25m
3		

#### Long Jump

1 A Mulroy	St Joseph's Foxford	4.44m
2 D Murray	Gort CS	4.28m
3 O Coen	Ballinrobe CS	3.88m

### Minor Girls Shield

1 <sup>st</sup> St Josephs Foxford	18pts
2 <sup>nd</sup> Ursuline Sligo	14pts
3 <sup>rd</sup> Ballyhaunis CS	8pts

### Minor Boys

#### 100m

1. Zach Davin	Sligo Grammar	11.9	CBP
2 Oran Gildea	Summerhill Sligo	12.2	
3 Stephen Coleman	Pres Athenry	12.6	

#### 200m

1 Jack Vahey	St Colmans Claremorris	25.9	CBP
2 Anthony Nevil	St Muredachs Ballina		
3 Dara Byrne	Grange PPS		

#### 800m

1 Nicholas Sheehan	Cal Oranmore	2.20.0
2 Dara Mulkerrins	St Marys Galway	
3 William Crowe	Sligo Grammar	

#### 1500m

1 Cian Mc Bride	Summerhill Sligo	4.41.0
2 Niall McIntyre	Portumna CS	
3 Conor Payne	Garbally Ballinasloe	

#### 4x100m

1 Sligo Grammar	51.0
2 St Mary's Galway	
3 Summerhill Sligo	

#### Shot Putt

1 C. O'Brien	Marist Athlone	13.08m	CBP
2 P Claffey	Portumna CS	11.77m	
3 R Bleeker	St Joseph's Galway	10.16m	

#### High Jump

1 Oisín McNally	Loughrea VS	1.40m
2 Mark Burami	St Mary's Galway	1.35m
3 Robbie Gill	St Louis Kiltimagh	1.35m

#### Long Jump

1 S Coleman	Presentation Athenry	4.91m
2 D Mulkerrins	St Mary's Galway	4.53m
3 L McDermott	St Josephs Galway	4.42m

### Minor Boys Shield

1 <sup>st</sup> Sligo Grammar	13pts
2 <sup>nd</sup> St Marys Galway	12pts
3 <sup>rd</sup> Summerhill Sligo	10pts

## Junior Girls

### 100m

1 Louise Mulvaney	St Claires Monorhamilton	13.1
2. Aoife Connolly	Ursuline Sligo	13.4
3. Alannah Lally	Presentation Athenry	13.4

### 200m

1 Claire Ryder	Presentation Athenry	27.7
2 Jessica Heneghan	Presentation Athenry	
3 Roisin Dobey	Taylor's Hill	

### 800m

1 Alannah Lally	Presentation Athenry	2.22.9
2 Anna Redmond	Moate CS	2.30.9
3 Sinead Gaffney	Presentation Athenry	2.32.8

### 1500m

1 Sorcha Fallon	Ursuline Sligo	5.14.0
2 Rosie Hynes	St. Attracts Tubbercurry	
3 Maeve Hurst	Bower Athlone	

### 4x100m

1 Presentation Athenry	52.3 CBP
2 Loughrea VS	
3 Ursuline Sligo	

### 75m Hurdles

1 Maria Cooney	Loughrea VS	12.1
2 Louise Mulvaney	St Claires Manorhamilton	

### 1200 Walk

1 Deena Sadik	SH Westport
2 Clara Tierney	SH Westport
3 Michelle Beirne	Mohill CC

### Long Jump

1 Maria Cooney	Loughrea VS	5.03m
2 Claire Ryder	Presentation Athenry	4.97m
3 Sinead Gaffney	Presentation Athenry	4.53m

### Triple Jump

1 Ciara Hanlon	Loughrea VS	8.99m
2 Laura Porter	Loughrea VS	6.70m

## High Jump

1 Maria McNamara	Presentation Athenry	1.55=CBP
2 Ella Bryant	St Rapheals Loughrea	1.40m
3 Kate Grogan	St Louis Kiltimagh	1.30m

## Shot Putt

1 Niamh McLoughlin	McHale College Achill	10.39m
2 Emma Grady	Presentation Athenry	8.45m
3 Clare Shannon	St Louis Kiltimagh	7.74m

## Discus

1 Katie Heneghan	St Josephs Castlebar	22.43m
2. Emma Grady	Presentaion Athenry	19.67m
3 N Forde	St Louis Kiltimagh	19.04m

## Javelin

1 Erin Walker	Roscommon CC	18.97m
2 Siobhan McNamee	Manorhamilton	6.73m

## Hammer

1 Kate Heneghan	St Josephs Castlebar	37.35m CBP
2 Katie Heneghan	St Josephs Castlebar	31.28m
3 Eimear Murphy	Gortnor Abbey	24.19m

## Junior Girls Shield

1 <sup>st</sup> Presentation Athenry	36pts
2 <sup>nd</sup> Loughrea VS	21pts
3 <sup>rd</sup> SH Westport	13pts

## Junior Boys

### 100m

1.Cathal Broderick	Gort CS	12.2
2.Morgan Lyons	Ballyhaunis CS	12.4
3 Conor Mooney	St Louis Kiltimagh	

### 200m

1 Simon O' Shaughnessy	Pres Headford	24.4
2 Jason Gavin	Scoil Damhnait Achill	25.3
3 Louis Foster	Foxford	

### 800m

1 Jason Gavin	Scoil Damhnait Achill	2.13.0
2 Cian Mulrooney	J&M Enniscrone	2.14.4
3 Ben Murphy	St Josephs Galway	2. 15.3

### 1500m

1 Con Doherty	Rice College Westport	4.32.2
2 Conor Gillen	Athenry VS	4.33.2
3 Aishon Patil	Sligo Grammar	4.34.9

### 4x100m

1 Ballyhaunis CS	50.4
2 St Marys Galway	
3 Castlerea CS	

### 80m Hurdles

1 Justin Cooney	St Rapheals Loughrea	13.3
2 James Mitchell	St Josephs Galway	
3 Kevin Cunningham	St Marys Galway	

### 1200m Walks

1 Dylan Carty	Sligo Grammar	6.04.0
2 Simon Gillespie	St Tiernans	
3 Christopher O' Connor		

### Long Jump

1 JP Lang	St Attractas Tubbercurry	5.18
2 G Cooney	St Endas	5.07
3 N. Connaughton	Castlerea CS	4.92

### Triple Jump

1 Caomhan Conaghan	Loughrea VS	10.40
2. David Duffy	St Marys Galway	9.36
3. Ronan Higgins	St Marys Galway	9.35

### High Jump

1 Joe Conway	Sligo Grammar	1.65m
2 Justin Cooney	St Raphaels	1.50m
3. Henry Griffin	St Josephs Galway	1.45m

### Shot Putt

1. Alan Murtagh	St Marys Galway	10.17m
2. Aaron Wooten	St Gerald's Castlebar	9.40m
3. Craig Hansberry	Cal Oranmore	9.23m

### Discus

1. Nathan Taylor	Roscommon CC	32.35m
2. Craig hansberry	Cal Oranmore	23.12m
3. A. Byrne	St Endas	22.74m

### Javelin

1. Joseph Conway	Sligo Grammar	29.34m
2. Colm Gill	St Louis Kiltimagh	27.95m
3. Cian De Lamport	St Marys Galway	26. 63m

### Hammer

1. Alan Murtagh	St Marys Galway	22.58m
2. James McMahon	St Marys Galway	19.45m
3. Francis Walsh	Sligo Grammar	18.42m

### Junior Boys Shield

1 <sup>st</sup> St Marys Galway	27pts
2 <sup>nd</sup> Sligo Grammar	20pts
3 <sup>rd</sup> St Josephs Galway	11pts

## Inter Girls

### 100m

1. Aimee Rohan Taylors Hill 12.5
2. Claudia Davey SM&P Swinford 12.6
3. Nadine Rainey St Josephs Foxford

### 200m

1. Tara Hession Taylors Hill 26.3
2. Nadine Rainey St Josephs Foxford 26.9
3. Mary Heavey Presentation Athenry

### 300m

1. Tara Hession Taylors Hill 41.8
2. Laura O'Dowd Ballinamore PPS 43.2
3. Emma Carter Taylors Hill 47.5

### 800m

1. Laura O'Dowd Ballinamore PPS 2.23.0
2. Katie O'Donohue Pres Athenry 2.31.7
3. Aine Heslin Moyne CC 2.33.8

### 1500m

1. Ellen Moran SH Westport 4.56.8
2. Sadbh Brassil Bower Athlone 4.58.5
3. Michelle Maher Salerno 5.03.3

### 3000m

1. Muireann Moloney St Raphaels 12.10.0
2. Laura Bourke SM&P Swinford
3. M. Heslin Moyne CC

### 80m Hurdles

1. Katie Hyland SH Westport 12.3
2. Amy Rohan Taylors Hill 12.6
3. Sinead Tuohy Athenry VS 13.0

### 300m Hurdles

1. Emma Carter Taylors Hill 54.4

### 2000m Walk

1. Cliona Mulroy St Josephs Foxford 11.28.7
2. Aisling Heneghan SH Westport 12.58.1

### Long Jump

1. E. Burns J&M Enniscrone 5.28m
2. Ania Bendnarz Mercy Sligo 4.82m
3. Karen Roche St Raphaels 4.61m

### Triple Jump

1. Ania Bednarz Mercy Sligo 10.43m
2. Katie Hyland SH Westport 9.86m
3. Kaitlyn Edwards Mercy Sligo 7.70m

### High Jump

1. Sinead Tuohy Athenry VS 1.50m

### Shot Putt

1. Baeba Moisejua St Josephs Foxford 7.75m
2. Hannah Kindregan Pres Athenry 6.82m
3. Emma Mulrooney J&M Enniscrone 6.54m

### Discus

1. Melissa Barrett Loughrea VS 22.82m
2. Hannan Kindregan Pres Athenry 22.16m
3. E. Grehan HRC Mountbellew 15.73m

### Javelin

1. Cathy McKenna SH Westport 29.82m
2. Melissa Barrett Loughrea VS 22.41m
3. Rae Walker Roscommon CC 17.45m

### Hammer

1. Grainne ni eanachain CM Toumakeady 19.06m
2. Eadaoin ni Dhonnghaile CM Tourmakeady 17.45m
3. Aisling Brady Mercy Roscommon 15.27m

### Team Results

1. Taylors Hill 35pts
2. SH Westport 21pts
3. Pres Athenry 18pts

## Senior Boys

### 100m

1. Lorcan O'Cathain	Marist Athlone	11.0
2. DJ Sokumbi	St Mels Longford	11.3
3. Ronan Coyle	St Endas	11.3

### 200m

1. Lorcan O'Cathain	Marist Athlone	22.2
2. Ronan Kelly	Rice College Westport	23.4
3. Peter Roche	St Marys Galway	24.2

### 400m

1. Ronan Kelly	Rice college Westport	52.1
2. Pablo Lope	Marist Athlone	54.1
3. Peter Roche	St Marys Galway	55.0

### 800m

1. Robert Yorke	St Mels Longford	2.00.6
2. Keith Fallon	St Marys Galway	2.01.5
3. Brendan Fagan	Marist Athlone	2.01.7

### 1500m

1. Tommy Casey	Sligo Grammar	4.02.1
2. Thomas Fagan	moate CS	4.20.0
3. Martin Mulkerrins	St Marys Galway	4.21.8

### 5000m

1. Daniel Murray	St Josephs Foxford	16.34.0
2. Robby Murray	Athlone CC	17.18.0
3. Liam Keane	St Endas	17.26.0

### 4 x 100m Relay

1. Marist Athlone	45.8
2. St Marys Galway	46.7
3. St Endas Galway	47.6

### 110m Hurdles

1. Arthur Zokli	St Marys Galway	19.6
2. Nathan Cafolla	St Marys Galway	20.8
3. Shane O'Neill	Cal Oranmore	

### 400m Hurdles

1. Keith Fallon	St Marys Galway	66.3
2. David Burke	Summerhill Sligo	68.3
3. Liam McGuire	St Marys Galway	72.8

### 2000m Steeplechase

1. Martin Mulkerrins	St Marys Galway	7.19.0
2. Philip Ezergailis	St Marys Galway	7.33.0
3. Cian McMenamon	Rice college Westport	8.16.0

## 3000m Walk

1. Cian McMenamon	Rice College Westport	13.44.0
2. Oisin Oliver	SM&P Swinford	14.57.0
3. JP Creavin	CBS Roscommon	18.59.6

## Long Jump

1. David Healy	Gortnor Abbey	6.29m
2. Jack Roberts	Sligo Grammar	5.35m
3. DJ Sokumbi	St Mels Longford	5.20m

## Triple Jump

1. Arthur Zokli	St Marys Galway	11.26m
2. B. Bolan	St Marys Galway	10.81m

## High Jump

1. Tomas Keehaan	Gort CS	1.75m
2. Kenneth Lipsett	Sligo Grammar	1.65m
3. Stephen Brennan	Marist Athlone	1.65m

## Shot Putt

1. Kenneth Hansberry	Cal Oranmore	12.30m
2. Chris Ryan	Rice College westport	11.51m
3. Conor Fitzgibbon	Marist Athlone	10.56m

## Javelin

1. Oscar Becs	St Marys Galway	42.59m
2. Tony Sadik	Rice College Westport	40.24m
3. Cornell Boal	Sligo Grammar	37.54m

## Hammer

1. Chris Ryan	Rice College Westport	31.32m
2. Ronan Gallagher	St Marys Galway	21.00m
3. Peter Casserly	St Marys Galway	17.30m

## Discus

1. Redas Rimeika	St Endas	30.31m
2. Christopher Brady	Sligo Grammar	30.22m
3. Kenneth Hansberry	Cal Oranmore	28.89m

## Senior Boys Shield

1 <sup>st</sup> St Marys Galway	57pts
2 <sup>nd</sup> Marist Athlone	23pts
2 <sup>nd</sup> Sligo Grammar	23pts
4 <sup>th</sup> Rice College Westport	22pts

## Senior Girls

### 100m

1. Leona McGuire Taylors Hill 12.6
2. Niamh ni Cathain Bower Athlone 12.8
3. Louise Craig Sligo Grammar 13.2

### 200m

1. Leona McGuire tailors Hill 25.8
2. Ciara McMenamon SH Westport 28.6
3. Antoinette cormican SM Ballinasloe

### 400m

1. Niamh Griffin Ballinamore PPS 64.1
2. Rian McHugh Ursuline Sligo 64.4
3. Brenda Flaherty Pres headford 92.0

### 800m

1. Rachel Kilgannon Sligo Grammar 2.28.2
2. Aisling Hurley Bower Athlone 2.30.0
3. Fionnuala Mulroy St Josephs Foxford

### 1500m

1. Maeve Brassil Bower Athlone 5.05.9
2. Sharon Hodgins Sligo Grammar 5.26.2
3. Fionnula Mulroy St Josephs Foxford 5.36.3

### 3000m

1. Anna Reddin Sligo Grammar 11.19.0
2. Sharon Hodgins Sligo Grammar 11.49.0
3. Yvonne Keary HRC Mountbellew

### 400m Hurdles

1. Rachel Finnegan Loughrea VS 74.1
2. Georgia Filan Sligo Grammar 76.8

### 3000m Walk

1. Ciara O'Dowd Ballinamore PPS 17.20.3

### 100m Hurdles

1. Rachel Finnegan Loughrea VS 16.6

### Long Jump

1. Niamh ni cathain Bower Athlone 4.75m
2. Louise Craig Sligo Grammar 4.36m
- 3.

### High Jump

1. Sorcha Murphy Pres Athenry 1.50m

### Triple Jump

1. Caoimhe King Bower Athlone 11.71m CBP

### Shot Putt

1. Dervla kilmartin Sligo Grammar 8.81m
2. Lucy McKenna SH Westport 7.38m
3. Zuzana Alusikova Temple Michael 7.05m

### Discus

1. Katie Kilbane St Endas 22.39m
2. Zuzana Alusikova Temple Michael 20.02m
3. Clodagh McMenamon SH Westport 19.37m

### Javelin

1. Rianne Butler Sligo Grammar 29.32m
2. Aoife Divilly HRC Mountbellew 11.82m
3. Yvonne Keary HRC Mountbellew 10.27m

### Hammer

1. Dervla Kilmartin Sligo Grammar 31.00m CBP
2. Regina Richardson Sligo Grammar 30.01m

### 4 x 100m Relay

1. Bower Athlone 50.8
2. Sligo Grammar 54.7
3. St Josephs Castlebar 56.1

### Senior Girls Shield

- 1<sup>st</sup> Sligo Grammar 46pts
- 2<sup>nd</sup> Bower Athlone 26pts
- 3<sup>rd</sup> Ballinamore PPS 11pts

### Inter Boys

#### 100m

1. Ronan Dobey St endas 11.8
2. Ben Cooney St Endas 12.1
3. Diarmuid O'Brien Colaiste Iognaid

#### 200m

1. Ben Cooney St Endas 23.2
2. Ronan Dobey St Endas 23.5
3. Ozagie Osaze St Marys Galway

#### 400m

1. Anthony Chambers Rice college Westport 54.3
2. Shane Fahy St Josephs Galway 55.0
3. Kevin Dooley Pres Headford 56.3

#### 800m

1. Dara Farrell Carrick CS 2.00.9
2. Anthony Chambers Rice College Westport 2.01.2
3. David Bell St Gerald's Castlebar 2.05.8

#### 1500m

1. Dara Farrell Carrick CS 4.33.0
2. Finn Stoneman St Endas
3. Aaron McGinty St Marys Galway

#### 3000m

1. Domhall O'Rodgers Gort CS 10.05.0
2. Cian Corcoran St Josephs Galway 10.17.0
3. Paul Joyce Athenry VS 10.25.0

#### 1500m Steeplechase

1. Dean Gillespie St Tiernans Crossmolina 4.55.0
2. Shane Kilcawley Summerhill Sligo 5.12.0
3. Aaron McGinty St Marys Galway

#### 4 x 100m Relay

1. Presentation Headford 46.8
2. Summerhill Sligo 47.3
3. St Endas 48.0

#### 100m Hurdles

1. Simon Callaghan Pres Headford 14.6
2. Patrick Heffernan Moate CS 15.3

### 3. Sean Kyne Pres Headford

#### 400m Hurdles

1. Sean Gill St Louis Kiltimagh 58.4 CBP
2. Sean Kyne Pres Headford 60.4
3. Anthony Hebron St Marys Galway

#### 2000m Walk

1. Pat Bell St Gerald's Castlebar 9.52.6
2. Paul Murphy Balla Secondary 10.51.1
3. David Tarpey St Marys Galway 14.54.0

#### Long Jump

1. Aaron Murtagh St Attractas 5.85m
2. Simon Callaghan Pres Headford 5.78m
3. Emmett Creaven Loughrea VS 5.66m

#### Triple Jump

1. Aaron Murtagh St Attractas 12.65m
2. Niall Rooney Athenry VS 12.07m
3. Emmett Creaven Loughrea VS 11.96m

#### High Jump

1. Eoin Kilduff St Louis Kiltimagh 1.75m
2. Cathal Sammon Sligo Grammar 1.70m
3. Niall Rooney Athenry VS 1.65m

#### Shot Putt

1. Alan Scanlon CBS Roscommon 11.30m
2. Aidan Cahill Castlerea CS 10.76m
3. Jack O'Ghoithin Carraroe Comp 10.56m

#### Discus

1. Owen Treacy Portumna CS 31.23m
2. M. Conway St Gerald's Castlebar 26.75m
3. Eamon Treacy St Gerald's Castlebar 26.65m

#### Javelin

1. Enda Naughton SM Ballygar 40.36m
2. Paul Asaciovas Loughrea VS 36.62m
3. Christopher Treacy Portumna CS 32.03m

#### Hammer

1. Eamon Regan St Gerald's Castlebar 34.12m
2. Rurai Lavelle St Marys Galway 23.69m
3. John Elwood St Marys Galway 19.92m

#### Inter Boys Shield

- 1<sup>st</sup> Presentation Headford 21pts
- 1<sup>st</sup> St Endas 21pts
- 3<sup>rd</sup> St Marys Galway 14pts