**Coaches and Officials Code**

[Coaches, Officials and Volunteers Code of Conduct](http://www.athleticsireland.ie/downloads/other/coaches-officials-volunteers-code-of-conduct.pdf)

Sport should be safe, fun and conducted in a spirit of fair play

**All coaches, officials and volunteers in athletics should:**

* Consider the wellbeing and safety of participants before the development of performance.
* Develop an appropriate working relationship with participants, based on mutual trust and respect.
* Make sure all activities are appropriate to the age, ability and the experience of those taking part.
* Promote the positive aspects of the sport (e.g. fair play)
* Display consistently high standards of behaviour.
* Follow all guidelines laid down by the national governing body and the club.
* Hold appropriate qualifications and insurance cover.
* Never exert undue influence over participants to gain personal benefit or reward.
* Never condone rule violations, rough play or the use of prohibited substances.
* Encourage participants to value their performances and not just results.
* Encourage and guide participants to accept responsibility for their own performance and behaviour.
* Never use foul or inappropriate language.
* Never engage in any form of sexual relations with anyone under the age of 18, or vulnerable adults.
* Read, understand and put into practice all club policies and procedures.

Coaches and leaders should never place themselves in a compromising position by texting or communicating via social media sites with juvenile athletes. All such communications regarding athletics should be sent via the parents or guardians of the athlete.

**Parents Code**

[**Parents Code of Conduct**](http://www.athleticsireland.ie/downloads/other/code-of-conduct-for-parents-guardians2.pdf)

Athletics should be safe, fun and conducted in a spirit of fair play

* Encourage your child to learn the rules and play within them.
* Discourage unfair play and arguing with officials.
* Help your child to recognise good performance, not just results.
* Never force your child to take part in sport.
* Set a good example by recognising fair play and applauding good performances of all.
* Never punish or belittle a child for losing or making mistakes.
* Publicly accept officials' judgments.
* Support your child's involvement and help them to enjoy their sport.
* Use correct and proper language at all times.
* Encourage and guide performers to accept responsibility for their own performance